DIMER DIABETES 2026

Postgraduate Course in Advanced Diabetes

October 29-31 | **Radisson Collection Hotel Vadistanbul, Turkey**

DAY 1 — THURSDAY, OCTOBER 29, 2026

08:45–09:00 **OPENING REMARKS**
Prof. Dr. Mustafa KANAT

09:00–10:45 **SESSION I: PREDIABETES: THE WINDOW BEFORE THE STORM**
Co-Chairs: Prof. Dr. Ambady RAMACHANDRAN and Prof. Dr. Hasan İLKOVA

09:00–09:30 Prediabetes: Pathophysiology, Classification and Risk Stratification
Speaker: Prof. Dr. Muhammad ABDUL-GHANI

09:30–10:30 Can Type 2 Diabetes Be Prevented? (DEBATE)Lifestyle Intervention versus Pharmacological Intervention

09:30–10:00 Lifestyle Intervention: Still the Most Powerful Tool?
Speaker: Prof. Dr. Ambady RAMACHANDRAN

10:00–10:30 Pharmacological Intervention: A More Effective Strategy?
Speaker: Prof. Ralph A. DEFRONZO

10:30–10:45 Discussion and Q&A

10:45–11:00 **Coffee Break**

11:00–12:30 **SESSION II: CLINICAL INERTIA IN CARDIOMETABOLIC DISEASE**
Chair:

11:00–11:20 Breaking the Cycle of Therapeutic Inertia in Type 2 Diabetes
Speaker: Prof. Dr. Muhammad HASSANEIN

11:20–11:40 LDL-C Lowering: Are We Treating Risk or Chasing Numbers?
Speaker: Prof. Dr. Peter M. NILSSON

11:40–12:00 Blood Pressure Control: The Gap Between Guidelines and Reality
Speaker: Prof. Dr. Tevfik ECDER

12:00–12:20 Adherence Matters: The Missing Link in Achieving Glycemic Targets
Speaker: Prof. Dr. Dilek GOGAS YAVUZ

12:20–12:50 Panel Discussion & Q&A

12:50–13:50 **Lunch**

13:50–15:20 **SESSION III: THE INCRETIN REVOLUTION**
Co-Chairs: Prof. Dr. Ralph A. DEFRONZO and Prof. Dr. Muhammad HASSANEIN

13:50–14:20 The Incretin Concept at 40: From Scientific Curiosity to Therapeutic Revolution
Speaker: Prof. Dr. Michael NAUCK

14:20–14:35 Q&A

14:35–15:05 Beyond Glycemic Control: Are Incretin-Based Therapies Redefining Metabolic Medicine?
Speaker: Prof. Dr. Michael NAUCK

15:05–15:20 Q&A

15:20–15:35 **Coffee Break**

15:35–17:15 **SESSION IV: INATERACTIVE CASE FORUM-I**
Moderator: Prof. Dr. Peter NILSSON

Panelists: Prof. Dr. Biykem BOZKURT, Prof. Dr. Tevfik ECDER, Prof. Dr. Zobair YOUNOSSI, Prof. Dr. Muhammad ABDUL-GHANI

17:15–17:30 **Coffee Break**

17:30–18:30 **SESSION V: DISEASE MODIFICATION IN TYPE 2 DIABETES**
Chair: Prof. Dr. Fahrettin KELEŞTEMUR

17:30–18:15 The CATALYST Trial: A New Paradigm in Difficult-to-Control Type 2 Diabetes
Speaker: Prof. Dr. Ralph A. DEFRONZO

18:15–19:00 Q&A

DAY 2 — FRIDAY, OCTOBER 30, 2026

09:00–11:00 **SESSION V: THE CARDIOMETABOLIC REVOLUTION**
Co-Chairs: Prof. Dr. Tevfic ECDER and Prof. Dr. Mehmet AĞIRBAŞLI

09:00–09:30 Heart Failure in Type 2 Diabetes: Mechanisms, Phenotypes and Clinical Implications
Speaker: Prof. Dr. Biykem BOZKURT

09:30–10:15 The Cardiorenal Continuum in Diabetes: Lessons from the Kidney
Speaker: Prof. Dr. Ralph A. DEFRONZO

10:15–10:45 Cardiometabolic Therapies in Heart Failure: Beyond Glycemic Control
Speaker: Prof. Dr. Biykem BOZKURT

10:45–11:00 Q&A

11:00–11:15 **Coffee Break**

11:15–12:45 **SESSION VI: PRACTICAL ASPECTS OF DIABETES CARE**
Co-Chairs: PProf. Dr. Muhammad ABDUL-GHANI and Prof. Dr. İlhan SATMAN

11:15–11:45 Rethinking Insulin Therapy in the GLP-1 Era
Speaker: Prof. Dr. Mustafa KANAT

11:45–12:30 Invisible Burden of Herpes Zoster and Protection Against Shingles
Speaker: Prof. Dr. Ali MERT

12:30–12:45 Q&A

12:45–13:45 **Lunch**

13:45–15:20 **SESSION VII: THE SILENT EPIDEMIC: CONFRONTING THE GLOBAL BURDEN OF MASLD /MASH**
Co-Chairs: Prof. Dr. Mehmet Ali AĞIRBAŞLI and Prof. Dr. Metin BAŞARANOĞLU

13:45–14:15 How to Identify Patients with Cardiometabolic Risk and Progressive MASLD?
Speaker: Prof. Dr. Zobair YOUNOSSI

14:15–14:35 MASLD: Reddefining Fatty Liver Disease
Speaker: Prof. Dr. Metin BAŞARANOĞLU

14:35–15:05 The Evolving Therapeutic Landscape of MASLD and MASH
Speaker: Prof. Dr. Zobair YOUNOSSI

15:05–15:20 Q&A

15:20–15:35 **Coffee Break**

15:35–17:05 **SESSION VIII: INATERACTIVE CASE FORUM-II**
Moderator: Prof. Dr. Peter NILSSON

Panelists: Prof. Dr. Muhammad ABDUL-GHANI, Prof. Dr. Tevfik ECDER, Prof. Dr. Mehmet Ali AĞIRBAŞLI, Prof. Dr. Mustafa ARAZ

17:05–17:20 **Coffee Break**

17:20–18:40 **SESSION IX: Pioglitazone: Friend or Foe? (DEBATE)**
Prof. Dr. Ralph A. DEFRONZO vs TBA

17:20–18:40 Emerging Prediabetes Among Adolescents in a High-Risk Population – Urgent Action Required
Speaker: Prof. Dr. Ambady RAMACHANDRAN

DAY 3 — SATURDAY, OCTOBER 31, 2026

09:00–10:45 **SESSION X: NEW HORIZONS IN AUTOIMMUNE DIABETES**
Co-Chairs: Prof. Dr. Oğuzhan DEYNELİ and Prof. Dr. Abdulkadir ÖMER

09:00–09:30 Reimagining Type 1 Diabetes Care
Speaker: Prof. Dr. Paolo POZZILLI

09:30–10:00 The Quest for a Cure in Type 1 Diabetes: From Islet Transplantation to Stem Cell Therapy
Speaker: Prof. Dr. Abdulkadir ÖMER

10:00–10:30 Latent Autoimmune Diabetes in Adults: Current Concepts and Clinical Challenges
Speaker: Prof. Dr. İlhan SATMAN

10:30–10:45 Q&A

10:45–11:00 **Coffee Break**

11:00–12:45 **SESSION XI: PRACTICAL ASPECTS OF DIABETES CARE**
Chair:

11:00–11:30 Diabetes Management During Ramadan: What Have We Learned and What Lies Ahead?
Speaker: Prof. Dr. Muhammad HASSANEIN

11:30–12:00 How Diabetes Accelerates Vascular Decline
Speaker: Prof. Dr. Peter NILSSON

12:00–12:30 Insulin in the Age of GLP-1 Receptor Agonists: Where Do We Stand?
Speaker: TBA

12:30–12:45 Q&A

12:45–13:30 **Lunch**

13:30–15:00 **SESSION XII: INATERACTIVE CASE FORUM-III**
Moderator: Prof. Dr. Peter NILSSON

Panelists: Prof. Dr. Muhammad ABDUL-GHANI, Prof. Dr. Dilek GOGAS YAVUZ, Prof. Dr. Tevfik ECDER, Prof. Dr. Mehmet Ali AĞIRBAŞLI

15:00–15:15 **SESSION XI: CLOSING REMARKS**
Prof. Dr. Mustafa KANAT

DIMER DIABETES 2026 FACULTY

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